

OVERALL INDIVIDUAL RESULTS  
HEART OF THE ROCKIES TRIATHLON  
July 23, 2006  
INDIVIDUAL EVENT

Place	NO.	NAME	DIV	----SWIM----		---BIKE-----		-----RUN-----		-TOTAL TIME-	
				OV Plc	Time	OV Plc	Time	OV Plc	Time	OV Plc	Time
1	100	Darryl Tainsh	IM4044	4	00:21:43	3	01:08:39	6	00:41:54	1	02:12:16
2	98	Jonathan Roth	IM1824	3	00:21:21	4	01:09:44	8	00:42:17	2	02:13:22
3	99	Jaimie Roth	IM4549	7	00:23:09	1	01:07:57	9	00:43:23	3	02:14:29
4	137	Geoff Badger	IM3539	2	00:21:20	5	01:09:51	10	00:43:39	4	02:14:50
5	109	IAN ROBBINS	IM4549	14	00:24:55	6	01:12:08	3	00:41:22	5	02:18:25
6	113	ALLAN RICHARDSON	IM4549	44	00:28:29	9	01:12:49	2	00:38:08	6	02:19:26
7	89	Cameron Ellum	IM3034	34	00:27:16	2	01:08:04	14	00:44:18	7	02:19:38
8	94	Jaime Robb	IM1824	40	00:27:51	15	01:15:48	1	00:36:26	8	02:20:05
9	39	Doug Costigan	IM4549	9	00:23:46	8	01:12:41	12	00:44:07	9	02:20:34
10	115	RICHARD BORUTA	IM3539	30	00:26:49	7	01:12:22	4	00:41:28	10	02:20:39
11	92	Al Mayer	IM5054	23	00:26:24	14	01:15:35	5	00:41:51	11	02:23:50
12	124	Dave Tainsh	IM4044	18	00:25:40	10	01:14:04	16	00:45:09	12	02:24:53
13	116	ESTELLE DUCATEL	IF3034	15	00:25:08	18	01:16:35	15	00:45:02	13	02:26:45
14	65	Simon Bartley	IM3034	11	00:24:40	12	01:15:03	19	00:47:07	14	02:26:50
15	25	Dan Barker	IM4549	19	00:25:48	16	01:16:06	18	00:46:59	15	02:28:53
16	132	ANDY KRULL	IM3034	72	00:30:56	17	01:16:20	7	00:42:02	16	02:29:18
17	1	Angie Anderson	IF3539	12	00:24:42	13	01:15:19	36	00:51:02	17	02:31:03
18	63	Robert Cameron	IM4044	71	00:30:53	23	01:18:15	11	00:44:02	18	02:33:10
19	107	DEBBIE GUERARD	IF3034	8	00:23:32	30	01:20:41	26	00:49:00	19	02:33:13
20	81	Jason Curry	IM1824	13	00:24:54	35	01:21:56	20	00:47:11	20	02:34:01
21	5	Richard MacDonald	IM2529	64	00:30:12	29	01:20:10	13	00:44:08	21	02:34:30
22	78	Brad Clark	IM4549	56	00:29:39	24	01:18:23	22	00:47:52	22	02:35:54
23	15	Carrie Burgoyne	IF2529	1	00:20:15	25	01:18:30	64	00:57:33	23	02:36:18
24	14	Marc Francis	IM3034	28	00:26:47	26	01:19:12	35	00:50:30	24	02:36:29
25	84	Hans Erasmus	IM1824	110	00:36:17	11	01:14:29	17	00:45:46	25	02:36:32
26	131	DAVID GIOVANDO	IM2529	82	00:31:24	21	01:17:49	23	00:48:15	26	02:37:28
27	86	Kari Gregory	IF4044	20	00:25:57	27	01:19:43	39	00:52:03	27	02:37:43
28	122	Tegan Owens	IF1824	17	00:25:33	28	01:20:04	40	00:52:08	28	02:37:45
29	79	Daniel Miller	IM1824	39	00:27:48	38	01:22:25	21	00:47:37	29	02:37:50
30	139	GREG HAYDEN	IM5054	16	00:25:17	51	01:24:32	24	00:48:19	30	02:38:08
31	20	Leigh Muir	IM5054	27	00:26:45	37	01:22:18	28	00:49:44	31	02:38:47
32	117	DARRYL BANDAS	IM4044	29	00:26:48	44	01:23:30	25	00:48:54	32	02:39:12
33	53	Charlene Owen	IF4549	22	00:26:12	36	01:22:09	37	00:51:02	33	02:39:23
34	80	Laurie Murray	IF6064	26	00:26:38	39	01:22:34	33	00:50:14	34	02:39:26
35	97	James Schneider	IM4044	55	00:29:36	19	01:16:38	42	00:53:29	35	02:39:43

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				OV Plc	Time	OV Plc	Time	OV Plc	Time	OV Plc	Time
36	104	ROB MACLEOD	IM2529	70	00:30:47	34	01:21:45	29	00:50:06	36	02:42:38
37	103	KEVIN GEORGE	IM4044	60	00:29:58	32	01:21:14	38	00:51:46	37	02:42:58
38	75	Stan Watkins	IM5054	59	00:29:42	20	01:17:25	61	00:57:11	38	02:44:18
39	77	Lindsay Andersen	IF3034	48	00:28:39	55	01:25:40	31	00:50:10	39	02:44:29
40	43	Hella Versfeld	IF5559	5	00:22:15	49	01:24:23	68	00:58:05	40	02:44:43
41	58	Dave Millard	IM4549	41	00:27:58	64	01:27:18	27	00:49:32	41	02:44:48
42	133	DEBBIE KORZENIOWSKI	IF3539	37	00:27:34	63	01:27:06	34	00:50:25	42	02:45:05
43	128	Nancy Trigg	IF4044	32	00:27:02	42	01:23:15	52	00:54:59	43	02:45:16
44	59	Damon Clayton	IM3539	47	00:28:36	41	01:23:04	47	00:54:10	44	02:45:50
45	136	Maureen Nelson	IF4549	52	00:29:22	43	01:23:27	43	00:53:29	45	02:46:18
46	24	Jason Huber	IM3034	21	00:26:07	40	01:23:00	65	00:57:40	46	02:46:47
47	85	Cynthia Clark	IF1824	57	00:29:40	31	01:21:05	57	00:56:03	47	02:46:48
48	130	COLIN SHANKS	IM5559	69	00:30:46	48	01:24:18	41	00:52:21	48	02:47:25
49	118	MARC GOULET	IM4549	53	00:29:33	47	01:24:09	46	00:54:06	49	02:47:48
50	129	Gui Du toit	IM5054	42	00:28:04	22	01:18:08	84	01:02:04	50	02:48:16
51	3	Katherine Severson	IF3034	73	00:30:57	33	01:21:40	55	00:55:46	51	02:48:23
52	37	Scotty Wilson	IM2529	45	00:28:34	54	01:25:36	58	00:56:23	52	02:50:33
53	73	Sarah Fabbri	IF4044	51	00:29:14	46	01:24:05	62	00:57:17	53	02:50:36
54	111	CATHY RANKIN	IF5054	46	00:28:35	57	01:26:07	56	00:55:56	54	02:50:38
55	110	ADELE THOMPSON	IF3539	65	00:30:26	72	01:30:35	30	00:50:09	55	02:51:10
56	42	Kees Versfeld	IM5559	66	00:30:28	45	01:23:34	67	00:57:59	56	02:52:01
57	96	Doug Sadler	IM5054	33	00:27:14	52	01:24:37	77	01:00:16	57	02:52:07
58	95	Mike Ma	IM1824	54	00:29:34	50	01:24:29	74	00:59:32	58	02:53:35
59	44	Josephine Tracz	IF2529	58	00:29:41	69	01:29:40	49	00:54:16	59	02:53:37
60	62	Kristy Blanchette	IF2529	77	00:31:03	62	01:27:02	60	00:56:59	60	02:55:04
61	69	Norbert Hollman	IM5054	84	00:31:29	70	01:29:55	45	00:53:41	61	02:55:05
62	6	Megan MacDonald	IF2529	102	00:34:20	74	01:30:50	32	00:50:11	62	02:55:21
63	41	Amber Bumbacco	IF2529	111	00:36:45					63	02:55:26
64	88	Don Cross	IM5559	100	00:34:18	61	01:26:59	51	00:54:44	64	02:56:01
65	71	Sandra Mergler	IF4044	106	00:34:47	53	01:25:18	63	00:57:31	65	02:57:36
66	123	Dan Payne	IM2529	104	00:34:38	60	01:26:44	59	00:56:24	66	02:57:46
67	74	Isabelle Thibeault	IF3034	93	00:32:54	56	01:25:59	80	01:00:21	67	02:59:14
68	112	GRANT MOLYNEUX	IM4549	36	00:27:33	67	01:27:58	91	01:03:47	68	02:59:18
69	83	Tennille Hornbeck	IF1824	50	00:29:08	77	01:31:34	73	00:58:58	69	02:59:40
70	21	David Fleming	IM4044	91	00:32:29	80	01:32:21	53	00:55:01	70	02:59:51

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				OV Plc	Time	OV Plc	Time	OV Plc	Time	OV Plc	Time
71	49	Tia Stephens	IF3539	38	00:27:35	81	01:32:46	81	01:00:39	71	03:01:00
72	91	Brent Seefried	IM2529	68	00:30:42	59	01:26:26	93	01:03:59	72	03:01:07
73	108	KATHY KEIL	IF4044	123	00:40:53	58	01:26:17	48	00:54:11	73	03:01:21
74	26	Jennifer Butler	IF3034	76	00:31:02	76	01:31:10	75	00:59:41	74	03:01:53
75	27	Dwight Kroening	IM4549	83	00:31:25	71	01:30:24	78	01:00:18	75	03:02:07
76	50	Cheryl Jereniuk	IF4549	98	00:33:43	65	01:27:29	82	01:01:11	76	03:02:23
77	48	Anne Gallagher	IF5054	67	00:30:40	84	01:33:32	69	00:58:13	77	03:02:25
78	4	Brad Halhead	IM2529	24	00:26:25	92	01:36:15	76	00:59:46	78	03:02:26
79	38	Tannis Ebbels	IF3034	78	00:31:08	85	01:33:34	72	00:58:30	79	03:03:12
80	18	Joan Courtney	IF3034	25	00:26:33	82	01:32:51	97	01:04:53	80	03:04:17
81	45	Christine Robinson	IF3034	96	00:33:40	68	01:28:25	85	01:02:31	81	03:04:36
82	64	Paul Dupuis	IM3539	49	00:28:43	73	01:30:45	99	01:05:57	82	03:05:25
83	114	DIANNE RICHARDSON	IF4549	88	00:32:16	83	01:33:06	79	01:00:18	83	03:05:40
84	127	Alex Schmitt	IM1824	85	00:31:35	100	01:39:33	54	00:55:31	84	03:06:39
85	138	Giles Landry	IM4549	112	00:37:00	66	01:27:54	89	01:03:24	85	03:08:18
86	93	Jenn Glover	IF2529	86	00:31:52	78	01:31:46	95	01:04:42	86	03:08:20
87	57	Sue Emmond	IF2529	43	00:28:26	87	01:34:18	100	01:05:59	87	03:08:43
88	101	Michelle Rapcewicz	IF3034	81	00:31:22	88	01:34:54	87	01:02:38	88	03:08:54
89	125	Colleen Cuthbert	IF3539	89	00:32:18	99	01:39:17	71	00:58:21	89	03:09:56
90	34	Cynthia Chang	IF3034	31	00:26:51	79	01:31:47	109	01:11:50	90	03:10:28
91	106	BERNARD DUPUIS	IM6569	118	00:39:29	86	01:33:36	66	00:57:43	91	03:10:48
92	54	Mike Street	IM4044	122	00:40:30	91	01:35:54	50	00:54:25	92	03:10:49
93	29	Adrienne Lawlor	IF4044	62	00:30:01	94	01:36:50	96	01:04:46	93	03:11:37
94	72	Allan Fay	IM4549	80	00:31:10	75	01:31:04	105	01:09:47	94	03:12:01
95	87	Pam Wilman	IF4549	94	00:33:12	103	01:40:41	70	00:58:18	95	03:12:11
96	120	GORDON RIX	IM4549	79	00:31:09	97	01:38:25	90	01:03:46	96	03:13:20
97	102	JAMIE WRIGHT	IF2529	97	00:33:42	90	01:35:40	94	01:04:05	97	03:13:27
98	19	Kim Johnson	IF3034	61	00:30:00	102	01:40:23	88	01:03:12	98	03:13:35
99	12	Charlie Myles	IM4549	74	00:30:59	106	01:41:05	86	01:02:35	99	03:14:39
100	140	MURRAY QUIBELL	IM4044	126	00:47:02	89	01:34:58	44	00:53:29	100	03:15:29
101	121	Bruce MacLeod	IM4044	90	00:32:28	107	01:41:30	83	01:01:47	101	03:15:45
102	17	Sheena Kathle Mills	IF1824	10	00:23:54	109	01:42:18	112	01:13:20	102	03:19:32
103	46	Mark McVicar	IM3539	35	00:27:29	95	01:36:51	116	01:15:19	103	03:19:39
104	22	Esther Oga	IF4549	115	00:37:38	98	01:38:56	92	01:03:57	104	03:20:31
105	61	Mike Mendelman	IM3539	87	00:31:58	108	01:41:48	103	01:07:24	105	03:21:10

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				OV Plc	Time	OV Plc	Time	OV Plc	Time	OV Plc	Time
106	68	Murray Morrell	IM4549	121	00:39:50	96	01:38:05	98	01:05:32	106	03:23:27
107	32	Debbie Stafford	IF3034	116	00:38:15	93	01:36:44	106	01:09:53	107	03:24:52
108	66	Tracey McLean	IF3034	108	00:35:58	101	01:39:48	107	01:10:02	108	03:25:48
109	16	Susan De leeuw	IF3539	107	00:35:46	105	01:40:56	104	01:09:15	109	03:25:57
110	30	Jonathan Allen	IM4044	109	00:36:13					110	03:33:24
111	82	Sheila French	IF5054	75	00:31:00	112	01:49:09	113	01:13:28	111	03:33:37
112	70	Jeff Parry	IM5054	113	00:37:15	113	01:49:59	102	01:06:53	112	03:34:07
113	51	Lindsay Simmons	IF2529	99	00:34:09	111	01:45:46	115	01:15:13	113	03:35:08
114	2	Jean-Marc Boucher	IM3034	101	00:34:19	104	01:40:47	118	01:20:34	114	03:35:40
115	8	Wendy Hiebert	IF3539	117	00:38:19	116	01:51:31	101	01:06:15	115	03:36:05
116	13	Lloyd Smith	IM4044	95	00:33:24	110	01:42:50	120	01:23:46	116	03:40:00
117	40	Sally Drysdale	IF5054	92	00:32:44	114	01:50:25	117	01:18:33	117	03:41:42
118	31	Robin Miller	IF4044	119	00:39:32	117	01:53:37	110	01:12:42	118	03:45:51
119	135	SHAWNA GALLANT	IF2529	105	00:34:43	121	01:58:25	111	01:12:44	119	03:45:52
120	90	Rhondda Macleod	IF4549	114	00:37:28	122	01:58:41	108	01:10:07	120	03:46:16
121	67	Lauren McCusker	IF2529	63	00:30:08	119	01:55:28	119	01:20:58	121	03:46:34
122	47	Denise Baynton	IF3034	6	00:22:48	120	01:57:24	123	01:33:52	122	03:54:04
123	134	KAREN DREAVAR	IF4549	120	00:39:43	124	02:03:39	114	01:14:57	123	03:58:19
124	52	Melissa Mirosh	IF3034	103	00:34:33	115	01:50:46	124	01:34:08	124	03:59:27
125	105	JOANNE MCLAY	IF3034	124	00:41:16	118	01:54:23	121	01:30:47	125	04:06:26
126	28	Kelly Blackshaw	IF5054	125	00:41:35	123	01:59:14	122	01:31:31	126	04:12:20