

## HEART OF THE ROCKIES INDIVIDUAL TRIATHLON

Invermere, BC

July 23, 2006

## INDIVIDUAL AGE-GROUP RESULTS

## \*\*\*\*\* TOP FEMALE INDIVIDUAL \*\*\*\*\*

1	ESTELLE DUCATEL	IF3034	Calgary	2:26:45
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## \*\*\*\*\* TOP MALE INDIVIDUAL \*\*\*\*\*

1	Darryl Tainsh	IM4044	Calgary	2:12:16
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## FEMALE INDIVIDUAL AGE GROUP: 18 - 24

1	Tegan Owens	25:33	1:20:04	52:08	2:37:45
2	Cynthia Clark	29:40	1:21:05	56:03	2:46:48
3	Tennille Hornbeck	29:08	1:31:34	58:58	2:59:40
4	Sheena Kathle Mills	23:54	1:42:18	1:13:20	3:19:32

## MALE INDIVIDUAL AGE GROUP: 18 - 24

1	Jonathan Roth	21:21	1:09:44	42:17	2:13:22
2	Jaime Robb	27:51	1:15:48	36:26	2:20:05
3	Jason Curry	24:54	1:21:56	47:11	2:34:01
4	Hans Erasmus	36:17	1:14:29	45:46	2:36:32
5	Daniel Miller	27:48	1:22:25	47:37	2:37:50
6	Mike Ma	29:34	1:24:29	59:32	2:53:35
7	Alex Schmitt	31:35	1:39:33	55:31	3:06:39

## FEMALE INDIVIDUAL AGE GROUP: 25 - 29

1	Carrie Burgoyne	20:15	1:18:30	57:33	2:36:18
2	Josephine Tracz	29:41	1:29:40	54:16	2:53:37
3	Kristy Blanchette	31:03	1:27:02	56:59	2:55:04
4	Megan MacDonald	34:20	1:30:50	50:11	2:55:21
5	Amber Bumbacco	36:45			2:55:26
6	Jenn Glover	31:52	1:31:46	1:04:42	3:08:20
7	Sue Emmond	28:26	1:34:18	1:05:59	3:08:43
8	JAMIE WRIGHT	33:42	1:35:40	1:04:05	3:13:27
9	Lindsay Simmons	34:09	1:45:46	1:15:13	3:35:08
10	SHAWNA GALLANT	34:43	1:58:25	1:12:44	3:45:52

11 Lauren McCusker 30:08 1:55:28 1:20:58 3:46:34

MALE INDIVIDUAL AGE GROUP: 25 - 29

1 Richard MacDonald 30:12 1:20:10 44:08 2:34:30

2 DAVID GIOVANDO 31:24 1:17:49 48:15 2:37:28

3 ROB MACLEOD 30:47 1:21:45 50:06 2:42:38

4 Scotty Wilson 28:34 1:25:36 56:23 2:50:33

5 Dan Payne 34:38 1:26:44 56:24 2:57:46

6 Brent Seefried 30:42 1:26:26 1:03:59 3:01:07

7 Brad Halhead 26:25 1:36:15 59:46 3:02:26

FEMALE INDIVIDUAL AGE GROUP: 30 - 34

1 ESTELLE DUCATEL 25:08 1:16:35 45:02 2:26:45

2 DEBBIE GUERARD 23:32 1:20:41 49:00 2:33:13

3 Lindsay Andersen 28:39 1:25:40 50:10 2:44:29

4 Katherine Severson 30:57 1:21:40 55:46 2:48:23

5 Isabelle Thibeault 32:54 1:25:59 1:00:21 2:59:14

6 Jennifer Butler 31:02 1:31:10 59:41 3:01:53

7 Tannis Ebbels 31:08 1:33:34 58:30 3:03:12

8 Joan Courtney 26:33 1:32:51 1:04:53 3:04:17

9 Christine Robinson 33:40 1:28:25 1:02:31 3:04:36

10 Michelle Rapcewicz 31:22 1:34:54 1:02:38 3:08:54

11 Cynthia Chang 26:51 1:31:47 1:11:50 3:10:28

12 Kim Johnson 30:00 1:40:23 1:03:12 3:13:35

13 Debbie Stafford 38:15 1:36:44 1:09:53 3:24:52

14 Tracey McLean 35:58 1:39:48 1:10:02 3:25:48

15 Denise Baynton 22:48 1:57:24 1:33:52 3:54:04

16 Melissa Mirosh 34:33 1:50:46 1:34:08 3:59:27

17 JOANNE MCLAY 41:16 1:54:23 1:30:47 4:06:26

MALE INDIVIDUAL AGE GROUP: 30 - 34

1	Cameron Ellum	27:16	1:08:04	44:18	2:19:38
2	Simon Bartley	24:40	1:15:03	47:07	2:26:50
3	ANDY KRULL	30:56	1:16:20	42:02	2:29:18
4	Marc Francis	26:47	1:19:12	50:30	2:36:29
5	Jason Huber	26:07	1:23:00	57:40	2:46:47
6	Jean-Marc Boucher	34:19	1:40:47	1:20:34	3:35:40

FEMALE INDIVIDUAL AGE GROUP: 35 - 39

1	Angie Anderson	24:42	1:15:19	51:02	2:31:03
2	DEBBIE KORZENIOWSKI	27:34	1:27:06	50:25	2:45:05
3	ADELE THOMPSON	30:26	1:30:35	50:09	2:51:10
4	Tia Stephens	27:35	1:32:46	1:00:39	3:01:00
5	Colleen Cuthbert	32:18	1:39:17	58:21	3:09:56
6	Susan De leeuw	35:46	1:40:56	1:09:15	3:25:57
7	Wendy Hiebert	38:19	1:51:31	1:06:15	3:36:05

MALE INDIVIDUAL AGE GROUP: 35 - 39

1	Geoff Badger	21:20	1:09:51	43:39	2:14:50
2	RICHARD BORUTA	26:49	1:12:22	41:28	2:20:39
3	Damon Clayton	28:36	1:23:04	54:10	2:45:50
4	Paul Dupuis	28:43	1:30:45	1:05:57	3:05:25
5	Mark McVicar	27:29	1:36:51	1:15:19	3:19:39
6	Mike Mendelman	31:58	1:41:48	1:07:24	3:21:10

FEMALE INDIVIDUAL AGE GROUP: 40 - 44

1	Kari Gregory	25:57	1:19:43	52:03	2:37:43
2	Nancy Trigg	27:02	1:23:15	54:59	2:45:16
3	Sarah Fabbri	29:14	1:24:05	57:17	2:50:36
4	Sandra Mergler	34:47	1:25:18	57:31	2:57:36
5	KATHY KEIL	40:53	1:26:17	54:11	3:01:21
6	Adrienne Lawlor	30:01	1:36:50	1:04:46	3:11:37
7	Robin Miller	39:32	1:53:37	1:12:42	3:45:51

MALE INDIVIDUAL AGE GROUP: 40 - 44

1	Darryl Tainsh	21:43	1:08:39	41:54	2:12:16
2	Dave Tainsh	25:40	1:14:04	45:09	2:24:53
3	Robert Cameron	30:53	1:18:15	44:02	2:33:10
4	DARRYL BANDAS	26:48	1:23:30	48:54	2:39:12
5	James Schneider	29:36	1:16:38	53:29	2:39:43
6	KEVIN GEORGE	29:58	1:21:14	51:46	2:42:58
7	David Fleming	32:29	1:32:21	55:01	2:59:51
8	Mike Street	40:30	1:35:54	54:25	3:10:49
9	MURRAY QUIBELL	47:02	1:34:58	53:29	3:15:29
10	Bruce MacLeod	32:28	1:41:30	1:01:47	3:15:45
11	Jonathan Allen	36:13			3:33:24
12	Lloyd Smith	33:24	1:42:50	1:23:46	3:40:00

FEMALE INDIVIDUAL AGE GROUP: 45 - 49

1	Charlene Owen	26:12	1:22:09	51:02	2:39:23
2	Maureen Nelson	29:22	1:23:27	53:29	2:46:18
3	Cheryl Jereniuk	33:43	1:27:29	1:01:11	3:02:23
4	DIANNE RICHARDSON	32:16	1:33:06	1:00:18	3:05:40
5	Pam Wilman	33:12	1:40:41	58:18	3:12:11
6	Esther Oga	37:38	1:38:56	1:03:57	3:20:31
7	Rhondda Macleod	37:28	1:58:41	1:10:07	3:46:16
8	KAREN DREAVAR	39:43	2:03:39	1:14:57	3:58:19

MALE INDIVIDUAL AGE GROUP: 45 - 49

1	Jaimie Roth	23:09	1:07:57	43:23	2:14:29
2	IAN ROBBINS	24:55	1:12:08	41:22	2:18:25
3	ALLAN RICHARDSON	28:29	1:12:49	38:08	2:19:26
4	Doug Costigan	23:46	1:12:41	44:07	2:20:34
5	Dan Barker	25:48	1:16:06	46:59	2:28:53
6	Brad Clark	29:39	1:18:23	47:52	2:35:54
7	Dave Millard	27:58	1:27:18	49:32	2:44:48
8	MARC GOULET	29:33	1:24:09	54:06	2:47:48
9	GRANT MOLYNEUX	27:33	1:27:58	1:03:47	2:59:18
10	Dwight Kroening	31:25	1:30:24	1:00:18	3:02:07
11	Giles Landry	37:00	1:27:54	1:03:24	3:08:18
12	Allan Fay	31:10	1:31:04	1:09:47	3:12:01
13	GORDON RIX	31:09	1:38:25	1:03:46	3:13:20
14	Charlie Myles	30:59	1:41:05	1:02:35	3:14:39
15	Murray Morrell	39:50	1:38:05	1:05:32	3:23:27

FEMALE INDIVIDUAL AGE GROUP: 50 - 54

1	CATHY RANKIN	28:35	1:26:07	55:56	2:50:38
2	Anne Gallagher	30:40	1:33:32	58:13	3:02:25
3	Sheila French	31:00	1:49:09	1:13:28	3:33:37
4	Sally Drysdale	32:44	1:50:25	1:18:33	3:41:42
5	Kelly Blackshaw	41:35	1:59:14	1:31:31	4:12:20

MALE INDIVIDUAL AGE GROUP: 50 - 54

1	Al Mayer	26:24	1:15:35	41:51	2:23:50
2	GREG HAYDEN	25:17	1:24:32	48:19	2:38:08
3	Leigh Muir	26:45	1:22:18	49:44	2:38:47
4	Stan Watkins	29:42	1:17:25	57:11	2:44:18
5	Gui Du toit	28:04	1:18:08	1:02:04	2:48:16
6	Doug Sadler	27:14	1:24:37	1:00:16	2:52:07
7	Norbert Hollman	31:29	1:29:55	53:41	2:55:05
8	Jeff Parry	37:15	1:49:59	1:06:53	3:34:07

FEMALE INDIVIDUAL AGE GROUP: 55 - 59

1 Hella Versfeld 22:15 1:24:23 58:05 2:44:43

MALE INDIVIDUAL AGE GROUP: 55 - 59

1 COLIN SHANKS 30:46 1:24:18 52:21 2:47:25

2 Kees Versfeld 30:28 1:23:34 57:59 2:52:01

3 Don Cross 34:18 1:26:59 54:44 2:56:01

FEMALE INDIVIDUAL AGE GROUP: 60 - 64

1 Laurie Murray 26:38 1:22:34 50:14 2:39:26

MALE INDIVIDUAL AGE GROUP: 60 - 64

FEMALE INDIVIDUAL AGE GROUP: 65 - 69

MALE INDIVIDUAL AGE GROUP: 65 - 69

1 BERNARD DUPUIS 39:29 1:33:36 57:43 3:10:48

FEMALE INDIVIDUAL AGE GROUP: 70 - 99

MALE INDIVIDUAL AGE GROUP: 70 - 99