

**OVERALL INDIVIDUAL RESULTS  
HEART OF THE ROCKIES TRIATHLON  
July 15, 2012  
INDIVIDUAL EVENT**

		----SWIM----			---BIKE-----			----RUN-----			-TOTAL TIME-
		OV	OV	OV	OV	OV	OV	OV	OV	OV	OV
Place	NO.	NAME	DIV	Plc	Time	Plc	Time	Plc	Time	Plc	Time
1	12	Jon BIRD	IM3034	1	00:18:33	1	01:02:35	1	00:35:46	1	01:56:54
2	16	Wade CARLSON	IM2529	6	00:23:35	2	01:03:38	3	00:41:59	2	02:09:12
3	59	Zina KOCHER	IF3034	11	00:25:13	3	01:10:07	8	00:43:29	3	02:18:49
4	87	Marcy SCHMIDT	IF2529	3	00:22:08	13	01:14:56	4	00:42:05	4	02:19:09
5	3	Tom BAMFORD	IM4044	7	00:24:02	5	01:11:47	10	00:43:54	5	02:19:42
6	73	Jeff MURRAY	IM3034	12	00:25:15	8	01:13:19	6	00:42:30	6	02:21:04
7	104	Mark TOTH	IM3539	5	00:23:15	9	01:14:11	22	00:47:06	7	02:24:31
8	92	Carl SOUCHEREAU	IM4549	9	00:24:13	7	01:13:07	29	00:48:19	8	02:25:39
9	24	Doug COSTIGAN	IM5559	13	00:25:46	15	01:15:37	12	00:44:20	9	02:25:43
10	70	Susanne MCARTHUR	IF3034	8	00:24:09	18	01:16:38	15	00:45:54	10	02:26:40
11	120	John MONK	IM5054	37	00:30:33	6	01:12:35	9	00:43:53	11	02:27:00
12	29	Macx DAVIES	IM1824	14	00:25:54	12	01:14:52	21	00:46:59	12	02:27:45
13	11	Jeff BINDA	IM2529	19	00:27:40	20	01:17:44	7	00:42:32	13	02:27:56
14	72	Ken MOORE	IM4549	22	00:28:23	17	01:16:37	14	00:44:56	14	02:29:55
15	99	Kathryn STONE	IF1824	23	00:28:24	19	01:17:39	11	00:43:58	15	02:30:00
16	78	David PAUL	IM5054	62	00:33:47	4	01:10:42	23	00:47:24	16	02:31:52
17	5	Dan BARKER	IM5054	10	00:25:00	10	01:14:14	42	00:53:04	17	02:32:18
18	115	Keith WEBER	IM4044	38	00:30:36	16	01:15:59	16	00:46:02	18	02:32:36
19	62	Rejean LAREAU	IM5559	15	00:26:52	11	01:14:41	40	00:51:51	19	02:33:23
20	53	Megan JONES	IF3539	28	00:28:35	14	01:15:19	35	00:50:07	20	02:34:01
21	84	Rob ROTH	IM2529	21	00:28:21	28	01:19:41	18	00:46:27	21	02:34:28
22	109	Myles TYCHOLIS	IM4549	17	00:27:00	37	01:21:14	20	00:46:50	22	02:35:03
23	14	Susan CALDER	IF4549	16	00:26:57	31	01:20:02	32	00:48:27	23	02:35:26
24	102	Louise TAYLOR	IF4549	32	00:29:09	24	01:18:45	25	00:47:42	24	02:35:36
25	17	Kevin CARSCADDEN	IM3539	36	00:30:30	21	01:17:54	30	00:48:22	25	02:36:45
26	81	Julia RANSOM	IF1824	42	00:31:16	27	01:19:31	19	00:46:27	26	02:37:14
27	67	Stephen LODEN	IM2529	47	00:31:37	47	01:23:23	5	00:42:15	27	02:37:15
28	98	Jessica STICHELBOU	IF3034	52	00:32:07	26	01:19:14	17	00:46:14	28	02:37:34
29	107	Dean TRIMBLE	IM4549	35	00:30:11	25	01:18:52	33	00:48:44	29	02:37:46
30	55	Kim KARRAN	IF4044	26	00:28:30	40	01:21:47	27	00:48:01	30	02:38:18
31	13	Richard BORUTA	IM4549	43	00:31:18	29	01:19:45	24	00:47:26	31	02:38:29
32	116	Malte WELLER	IM4549	46	00:31:36	22	01:18:38	28	00:48:17	32	02:38:31
33	49	Andrew HOWELL	IM3034	18	00:27:00	43	01:22:31	44	00:53:13	33	02:42:43
34	94	Curtis STANG	IM4044	82	00:37:06	39	01:21:37	13	00:44:26	34	02:43:08
35	75	Rachel OLDRING	IF2529	20	00:27:47	48	01:24:00	39	00:51:26	35	02:43:13

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		OV	OV	OV	OV	OV	OV	OV	OV	OV	OV
Place	NO.	NAME	DIV	Plc	Time	Plc	Time	Plc	Time	Plc	Time

36	108	Brad TURNER	IM5054	29	00:28:38	50	01:24:31	36	00:50:32	36	02:43:40
37	2	Darren ARCURI	IM3539	30	00:28:50	30	01:19:48	60	00:55:34	37	02:44:11
38	57	James KEEVEL	IM3539	41	00:31:08	42	01:22:15	37	00:50:50	38	02:44:13
39	88	Colin SHANKS	IM6064	33	00:29:13	38	01:21:36	47	00:53:51	39	02:44:39
40	1	Chuck AMERONGEN	IM4549	40	00:31:07	32	01:20:22	48	00:54:09	40	02:45:38
41	25	Blake CYCA	IM4549	70	00:34:31					41	02:46:17
42	103	Michelle TAYLOR	IF4044	54	00:32:35	34	01:20:35	45	00:53:14	42	02:46:24
43	42	Alan GOURLAY	IM4549	61	00:33:33	41	01:22:06	38	00:51:00	43	02:46:39
44	68	Elijah MACCULLOCH	IM1824	83	00:37:09	36	01:21:11	31	00:48:23	44	02:46:43
45	101	Dave SUMMERS	IM4044	60	00:33:13	23	01:18:45	54	00:55:10	45	02:47:07
46	47	Travis HASSELBACK	IM3034	34	00:29:37	49	01:24:29	56	00:55:19	46	02:49:24
47	27	Bill DARLING	IM5559	39	00:30:41	44	01:22:38	66	00:56:55	47	02:50:13
48	4	Thor BARABONOFF	IM4549	27	00:28:33	55	01:26:37	58	00:55:21	48	02:50:31
49	71	Neil MCCANN	IM3034	97	00:42:31	33	01:20:26	26	00:47:45	49	02:50:42
50	51	Eric JAMIESON	IM1824	58	00:33:08	45	01:22:42	55	00:55:15	50	02:51:04
51	7	Linda BELANGER	IF3034	25	00:28:26	46	01:22:49	78	01:00:41	51	02:51:56
52	10	Sarah BERRETT	IF2529	4	00:22:27	81	01:35:27	50	00:54:22	52	02:52:16
53	76	Shawn OVENDEN	IM5054	55	00:32:52	51	01:25:28	51	00:54:33	53	02:52:52
54	97	Dave STEWART	IM4044	57	00:32:58	53	01:26:11	49	00:54:21	54	02:53:29
55	26	Anita DALTON	IF5054	51	00:32:02	54	01:26:28	64	00:56:18	55	02:54:47
56	15	Karen CAMBALIZA	IF3539	48	00:31:43	64	01:28:38	53	00:55:07	56	02:55:28
57	105	Kathryn TRIGG	IF4549	56	00:32:57	61	01:27:48	59	00:55:33	57	02:56:18
58	118	Jeff YOUNG	IM3539	45	00:31:25	66	01:29:32	62	00:56:03	58	02:57:00
59	6	Nancy BARNES	IF5054	66	00:34:17	56	01:26:40	63	00:56:07	59	02:57:03
60	9	Dave BENNETT	IM4044	68	00:34:29	35	01:20:58	80	01:01:46	60	02:57:12
61	85	Murray ROTH	IM5559	59	00:33:10	68	01:30:09	52	00:55:01	61	02:58:19
62	96	Ilija STANKOVSKI	IM3539	67	00:34:28	52	01:25:52	72	00:58:31	62	02:58:50
63	50	Jason HUBER	IM3539	24	00:28:25	60	01:27:47	86	01:03:24	63	02:59:36
64	74	Stefan NEILSON	IM3539	49	00:31:48	71	01:32:09	61	00:55:40	64	02:59:37
65	23	Roy COLLVER	IM2529	31	00:28:53	62	01:27:55	84	01:03:09	65	02:59:56
66	37	Cheryl FRYDMAN	IF3034	50	00:31:56	79	01:35:05	46	00:53:40	66	03:00:40
67	121	Rob ORCHISTON	IM4044	76	00:36:05	59	01:27:41	70	00:57:46	67	03:01:31
68	34	Colin FOLEY	IM4549	77	00:36:20	57	01:26:58	73	00:58:46	68	03:02:03
69	112	Liz VANDERKRUK	IF5559	69	00:34:30	69	01:30:31	67	00:57:18	69	03:02:18
70	65	Diane LLEWELLYN	IF5054	73	00:35:14					70	03:04:27

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OV OV OV OV

**Place NO. NAME DIV Plc Time Plc Time Plc Time Plc Time**

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71	21	Carolyn CHIN	IF4044	89	00:38:26	74	01:33:04	43	00:53:10	71	03:04:40
72	90	Brian SMITH	IM5054	71	00:34:41	73	01:32:27	71	00:57:48	72	03:04:56
73	110	Job VAN DE PANNE	IM4549	99	00:43:03	76	01:33:53	34	00:49:02	73	03:05:58
74	32	Michael FARK	IM3539	95	00:41:21	65	01:28:45	65	00:56:43	74	03:06:48
75	60	Tony KRUECK	IM4044	79	00:36:48	63	01:28:26	83	01:02:39	75	03:07:52
76	66	Curtis LLEWELLYN	IM5559	93	00:39:46	58	01:27:19	79	01:01:34	76	03:08:38
77	44	Karen HANSEN	IF5054	72	00:34:51	72	01:32:12	81	01:01:59	77	03:09:01

78	31	Marcus EYRE	IM5559	96	00:42:06	80	01:35:22	41	00:52:22	78	03:09:50
79	35	Todd FORSYTH	IM4044	74	00:35:16	78	01:34:58	75	01:00:20	79	03:10:33
80	41	Monica GOTTSCHLING	IF4044	65	00:34:09	89	01:41:17	57	00:55:21	80	03:10:47
81	61	Gerald KUGELMASS	IM6064	63	00:33:49	75	01:33:05	87	01:04:14	81	03:11:08
82	8	Mineko BELEYME	IF3034	101	00:44:11	98	01:51:51	2	00:37:04	82	03:13:05
83	36	Shelley FOX	IF4549	80	00:36:50	84	01:38:55	69	00:57:28	83	03:13:13
84	52	Marc JOHNSON	IM4549	81	00:36:58	85	01:39:13	68	00:57:23	84	03:13:33
85	33	Audra FAYAD	IF4044	86	00:37:31	67	01:29:47	90	01:06:26	85	03:13:43
86	54	A. KANE	IM3539	85	00:37:22	70	01:31:14	91	01:06:32	86	03:15:07
87	38	Edward GALLAGHER	IM4044	2	00:19:57	91	01:44:13	101	01:13:18	87	03:17:28
88	56	Catherien KEATLEY	IF3539	100	00:43:39	77	01:33:57	74	01:00:19	88	03:17:54
89	89	Lauren SHEARSTON	IF2529	44	00:31:24	82	01:36:29	97	01:10:28	89	03:18:21
90	18	Angela CARSCADDEN	IF3034	91	00:38:48	88	01:41:15	76	01:00:27	90	03:20:29
91	117	Gillian WHELAN	IF3539	53	00:32:34	95	01:45:59	82	01:02:19	91	03:20:51
92	111	Rob VAN WALLEGHEM	IM4549	64	00:34:05	92	01:44:26	85	01:03:23	92	03:21:53
93	95	Warren STANG	IM4549	78	00:36:33	83	01:37:39	94	01:08:25	93	03:22:36
94	43	Janine GREGOR	IF4044	106	00:47:08	86	01:40:52	77	01:00:28	94	03:28:27
95	58	Nathan KIRBY	IM3034	90	00:38:34	90	01:41:40	95	01:08:31	95	03:28:45
96	63	Suzanne LENDVOY	IF4044	105	00:46:20	87	01:41:14	89	01:06:17	96	03:33:51
97	46	Larissa HASS	IF4044	75	00:35:46	99	01:52:03	93	01:07:33	97	03:35:22
98	22	Greg COLLVER	IM5559	88	00:38:23	96	01:47:35	98	01:10:40	98	03:36:38
99	30	Wayne ELL	IM5559	98	00:42:45	94	01:45:55	99	01:10:44	99	03:39:24
100	79	Samantha PHAM	IF3034	94	00:39:49	97	01:47:59	102	01:13:19	100	03:41:06
101	91	Kari SMITH	IF4044	92	00:39:00	93	01:45:51	103	01:16:17	101	03:41:08
102	64	Angelique LINGE	IF4044	84	00:37:16	102	01:57:45	96	01:09:04	102	03:44:04
103	19	Wendy CARSON	IF6569	103	00:45:44	101	01:56:25	100	01:12:13	103	03:54:22
104	45	Teri HANSON	IF3034	104	00:45:49	103	02:02:12	92	01:06:50	104	03:54:50
105	86	Nicole SAGAN	IF3034	102	00:45:41	100	01:54:33	104	01:18:07	105	03:58:21

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HEART OF THE ROCKIES TRIATHLON  
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**Place NO. NAME DIV Plc Time Plc Time Plc Time Plc Time**

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106	48	Nicola HOLLICK	IF3539	107	00:49:46	104	02:04:19	88	01:04:43	106	03:58:48
107	77	Lesley Anne OVENDEN	IF4044	87	00:37:31						